



# MICHIGAN SWING DANCE ASSOCIATION NEWSLETTER



## The History of Dancing

by MSDA member, Larry Stanton

Dear Sharon,

Thought I would share the following results from some research I recently completed. I think the more knowledge one has about dancing, the better dancer they will become.

As you know, I am new to dancing. I never danced while in high school or college and just recently, in my advanced years, began learning a couple of the popular dances, WCS and Hustle. Although I do enjoy these dances, as much as possible at my limited skill level, there seemed to be something missing. I decided to do some research on the history of "Dance" just to understand the origins of the different movements and become more acquainted with the evolution of different patterns. I'm sharing just a couple of the interesting stories I've uncovered.

It seems that the first dance was done by Adam and Eve in the Garden. They were trying to hide the apple core from God so they put it between their bodies while in a naked embrace and then tried to go about their daily lives in that position, keeping the apple core hidden. Eve, however, was stung by a bee and the movement that resulted was the first dance. From what I understand, Eve did the "leading" in this first dance. Of course God knew about the apple all along but allowed this little "act" to continue until Eve got a rash on her stomach, from the acid in the apple core, and "broke away" from Adam allowing the apple core to drop to the ground. In the process of "breaking away", she turned her back to Adam because she realized she was naked but she slipped on the apple core and turned completely around thus performing the first ever "free spin".

The next reference I found about dancing was on the Ark with Noah and his family. It seems that the animals all started doing their particular mating calls at the same time and the combined "calls" created quite a wild and rhythmic sound. In addition, the movement of the large animals (who were doing a little more than just "the call") caused the Ark to "rock". In order to remain standing in the rocking ship, the family members had to move violently back and forth to keep their balance. This of course was the beginning of "Rock and Roll". During these little sessions on the Ark, it is reported that Noah, who was the oldest on board, would grab hold of a "bar like" wood beam to keep his balance and therefore did not "dance" like the rest of the family. Noah thus became the first "bar holder upper". It should be noted here that I am a direct descendant of Noah. Later when the Ark landed on Mount Ararat, Noah did take some dance lessons from his sons and daughters-in-law up on the mountain, and once every month they got together so Noah could show the progress he was making. They called it the NSDA (Noah's Showing of Dance Abilities) monthly dance. It became so popular that they started charging admission, serving cake, and making all the family members dance with everyone on their birthdays. This primitive behavior has long since been abandoned however.

It also seems from ancient scrolls, that Solomon, who had 1000 wives, occasionally took them dancing. Since he had so many wives, there was no place large enough to accommodate all of them so Solomon had a huge tent set up out in the countryside and it became known as the "Country Dance".

With so many wives to dance with, the only way Solomon could dance with all of

### NEXT MSDA PARTY SEPTEMBER 21 at the AMBER HOUSE

Lesson 3 PM  
Dance Party 4PM- 8PM  
*Our parties are at the Cabaret  
Ballroom located inside The  
Amber House, 7012 E Nine Mile  
Road, Warren, MI. 586-754-3434*

### DANCE LESSON

In August, Mike Wagner, of Stardust Dance Studio, taught West Coast Swing. His teaching style is dynamic, solid and extremely entertaining. There was much laughter during his very useful lesson. Thanks, Mike!



In September, a club member and former dance teacher, Fred Beaudet, will be teaching Adv Beginning/Int hustle. I can't describe it. You better read his description on page 4. :-))

them in one evening was for him to dance with two of them at a time. Solomon called this "The two step".

I hope you find this little history lesson on "Dance" enlightening and informative and should I uncover any other stories I think would interest you, I will pass them on. I am currently researching the origins of the following dance terms "Spandex Sparkley Dancer", "Mr. Cuban Heels", and "Fag Hags".

Larry Stanton

*Thank you, Larry, for your 'enlightening' article. If anyone would like to discuss Larry's literary work with him, or ask him to dance, he'll probably be at his usual spot at the end of the bar.....being a direct descendant of Noah, after all.*

S.N.

## NEW MEMBERS


The MSDA warmly welcomes the following Dancer to the club. Thanks so much for your support!

CLAUDE WINDENBERGER

### HELP OUR CLUB GROW

AT THE NEXT DANCE:

- 😊 SAY HELLO TO SOMEONE YOU DON'T KNOW
- 😊 LEARN THREE NEW NAMES
- 😊 ASK TWO NEW PEOPLE TO DANCE

HAPPY BIRTHDAY TO OUR  
SEPTEMBER BIRTHDAY  
PEOPLE 

The MSDA has a birthday party every month for those with birthdays during that month. We announce the members' names, have a birthday dance especially for them and serve cake. We also have a gift for those present at the party in their birthday month. Please be sure to open it before leaving the party...it needs to be laminated.

BOB	CAMPBELL	9/4
MICHAEL	HAYNIE	9/6
YVONNE	WILLIAMS	9/8
LIN	ARMITAGE	9/7
FREDRICA	CARRIERE	9/9
DIANA	JAROSLAWSKI	9/11
JOHN	LOGIUDICE	9/13
DESIREE	DeMOTT	9/18
TINA	WOOD	9/20
ROBERT	FISCHETTI	9/23
HAL	LEVY	9/23
HARRY	ELLIS	9/24
MIKE	LEMPINEN	9/25
LAWRENCE	SIERADSKI	9/27



## FUTURE PARTIES

**September 21**

October 19

November 16

December 7


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Please note: Some of the dates are not on the 3rd Sunday due to holidays or convention dates.  
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The birthday cake for our parties is provided by Dave Michalski. He gives us a great discount and will give any MSDA member a discount too. Dave's shop is located at:

**Gallery of Cakes**  
29457 5 Mile Rd.  
Livonia, MI 48154  
734-427-9202

Hours:

Tues - Fri, 10 to 6  
Saturday, 10-2:30  
Sunday, Closed

LOCAL AND  
NATIONAL EVENTS 

### JIMMY BARRIOS VENUES

#### COMO'S..SALSA & SWING

on the corner of Woodward and 9 Mile every Tues and Wed night Come and dance under the stars....Salsa, Merengues, Swing, Cha Cha and much more. 9PM till 1AM.....**NO COVER CHARGE**

#### MARIOS ON SUNDAYS

Cafe Mario's is located on the corner of Maple (15 mile) and John R.6PM till ??????. Dancing on the BIG outside deck Every Sunday in August. **NO COVER CHARGE.** Starts this Sunday. Drink Specials all night long.

#### PIER 500

Every Thurs night. Pier 500 in Wyandotte. 8PM lessons with Bill Fields. Jimmy Barrios DJ starting at 9PM. **NO COVER.** 507 Biddle, right on the river. 734-281-0530.

### SUMMER SWING JAM

September 11 - 14 Atlanta, GA. Lindy Hop, West Coast, Shag competitions and workshops.  
[www.summerswingjam.com](http://www.summerswingjam.com).

### STARDUST DANCE WEEKEND

Nevele Grande Sept 12-14, NY - Resort/Ellenville, over 60 dance workshops, amateur contests, professional dance entertainment (featuring Angel Garcia/Rosa Collantes, John Lindo and Ann Marie McCabe and the SAVOYS), around the clock dancing on 4 separate hardwood floors for Ballroom, Latin, Argentine Tango & Hustle/Swing with music by 4 bands & 5 DJ's. Luxury resort with pool, tennis, golf and horseback riding on premises. For add'l info (800) 537-2797 [stardust@catskill.net](mailto:stardust@catskill.net)  
[www.stardustdance.com](http://www.stardustdance.com)

### TAKE YOUR VITAMINS, EAT YOUR WHEATIES ONE DAY WORKSHOP

Oct 18 at the Amber House. Noon to 4: Lindy, Hip Hop Lindy and Blues classes. 6 to 9 PM: Swing Dance Intensive. Dance from 9 PM to ?. **Tickets and information call (800) 64-SWING or (in Michigan (313) 790-2311**

[askartspectrum@yahoo.com](mailto:askartspectrum@yahoo.com)  
**Great discounts to MSDA members.** See attached flyer

### SIXTH ANNUAL AMERICAN LINDY HOP CHAMPIONSHIPS

October 23 - 26, 2003. Stamford Connecticut. Weekend pass \$109 until 9/30. Workshops and competitions in Lindy, Blues, Cabaret, etc. <http://artspectrum.org/alhc.htm>

### " Third Annual Relaxation 7 Day Fun Cruise"

Nov 30 - Dec 7 Leaving from Galveston, Texas and coordinated by Gladys Torres, 3 port stops in , Cayman Islands and Key West. Category M: **\$505.55** per person (that's it.. that's the whole price) <http://members.aol.com/gtorresrc> Contact Gladys for more details: Cell: 713-875-6991 or email: [GTorresRC@aol.com](mailto:GTorresRC@aol.com)



**DISCOUNTS FOR MEMBERS**



**THE DANCE CLUB's** progressive classes begins every six weeks at the Amber House in Warren. Schedule: <http://amberhouse-danceclub.com/> Private lessons available. Mambo, Hustle, ChaCha - Tango - Waltz - Foxtrot - Swing - West Coast. Huge Dance Floor! Amber House, 7012 E. Nine Mile Road (Just W. of VanDyke) Warren, MI. 586-754-3434  
**AMBER HOUSE'S** New Classes are starting July 7th!! Beginning Salsa from 6:30 to 7:30 on Mondays; Beginning Hustle from 6:30 to 7:30 on Tuesdays. 6 Week Session - \$40.00 / Per Person. Classes Meet 1 Hour Each Week.

**STARDUST DANCE STUDIO**

Friday Night Dance Parties 9:00 PM - 12:00 PM. FMI: 248-356-5678. **\$1 discount to MSDA members.** See attached class schedule. <http://stardustballroom.com>

**ROYAL OAK ARTHUR MURRAY**

Friday night parties every Friday. Call for dates. 9:15 -10:45 PM. \$5. **Discount of \$1.00 for MSDA members.** 811 North Main Street, Royal Oak. FMI: 248-548-4770

**TROY DANCE STUDIO**

**\$1.00 discount on every event to MSDA members.** They hold scheduled Theme Parties on Tuesdays. 4963 Rochester Rd. Troy, MI 48098. Elaine Marrero, TDS. 248-689-3393.

**DELIZ DANCESPORT**

231 Eureka Road, Wyandotte, MI 48192 734-281-1969. M-F, 1pm-10pm, Sat. by appt. 734-281-1969 or [delizdance@aol.com](mailto:delizdance@aol.com)

**ARGENTINE TANGO DETROIT**

7758 Auburn Road, Utica FMI: 586-254-0560  
 An instructor from Deliz DanceSport is teaching Salsa & Swing on Mondays!  
**\$1.00 off all events to MSDA members.**  
 Lori@argentinatangodetroit.com  
<http://www.argentinatangodetroit.com>

**DANCE ALERT**

Want to receive the latest e-mail news on dance related events in Michigan? Want to know where the hottest dance floors are? To subscribe **free** to all the latest dance news, visit her website at: <http://dancemichigan.com>.

Instructors, DJ's, Studios and Bands may advertise for free. You can print out a huge list of area dance floors or check out the Information Station at the monthly dance for her list.

**RHYTHM -N- SHOES DANCE STUDIO**

**\$1.00 discount to MSDA members on Thursday night dances.** 9 to 11 PM. Suzie Brecht is the manager of the studio, as well as a teacher and the DJ. 2172 Franklin Rd, Bloomfield Hills. 284-334-0299. See attached schedule. [RhythmNShoes@aol.com](mailto:RhythmNShoes@aol.com).

**DANCESPORT ACADEMY OF MICHIGAN \*\*\*\***

The studio will be closed from September 1st through September 7th for the United States Dance Championships in Florida!! \*\*\*\* 23666 Park, Dearborn, MI 48124 313-724-3262. The studio has Friday night open dances, \$8. Sat night dances are \$10. **\$1.00 off to MSDA members.** <http://www.dancesportacademy.com>

**DANCE ELITE BALLROOM STUDIO**

6315 Haggerty, W. Bloom. American and International Ballroom Dancing. Group and private lessons for all ages. Jacob Reves, Professional Dance Instructor. Competitive dance coaching. Barry Douglas teaches Hustle classes Tuesday nights. Saturday night dance parties, 9 to midnight, \$10. **\$1.00 off to MSDA members.** 248-926-8522. <http://eliteballroom.com>. See attached schedule.

**NEW!!! CEO VIDEO**

Still and video photography services. "Documenting precious, once-in-a-lifetime, loving memories of special occasions."  
**\$50 off the Diamond Wedding Videotaping Package (5% of \$1000), 5% discount on any other services.**  
 Matt Trupiano. [matt@ceovideo.net](mailto:matt@ceovideo.net), 586-596-5240. <http://www.ceovideo.net/>

**PERSONAL TRAINER**

Muscle toning, strength & balance training to increase your dance endurance & poise. At your gym. **10% discount per session to MSDA members for first 5 training hours.** Madelyn Kleitch, ACE certified. <http://personaltrainermk.com/> 313-882-5422.

**COULD I HAVE THIS DANCE?**

Contact Meagan Woodbury if you are a male dancer between 40 - 70, & you are interested in becoming a gentleman host on cruise ships. **\$5 discount for MSDA members.** 586-775-1933

**DINING WITH SINGLES**

Now you can join other available, like minded, single people for evenings of fine dining and dinner theater. It's fun, it's affordable and it's without the social pressure of one on one blind dates. **\$20 membership discount to MSDA members.** Type MSDA in the comments form. <http://www.diningwithsingles.com/>

**SWING TIME STUDIO/DANCE HALL**

G-4510 VanSlyke Road- Flint Swing, Ballroom, Latin, Country & Social. Group Classes & Private Instruction available. 2200 sq. ft of Floating dance floor. **\$1.00 off any workshop or Dance party to MSDA members.** Instructors: Terri Sweet-Tim Johnson-Tim Constant-Dave Wolf. Contact Terri at (810) 762-0101. [swing42@sbcglobal.net](mailto:swing42@sbcglobal.net)

**REMINDER:** Show your **MSDA** card at GLSDC and MSSHD dances to **get in at their member prices** Just show your card and save. They have a club dance every Wednesday in Flint at VFW Hall, G-4138 Corunna Road, just 1/2 west of I-75. [GLSDCeditor@aol.com](mailto:GLSDCeditor@aol.com). MSSHD is will be the third Sat in July : [bbudzyn@comcast.net](mailto:bbudzyn@comcast.net) <http://www.michiganswing.com/>

**HUBER & BREEZE**

**30% discount** on all Rentals, Sales, Repairs of New & Used Disc Jockey Equipment. 33540 Groesbeck Hwy. Fraser, MI (586) 294-3950

**LYNCH'S**

Three Locations:  
 Warren: (586) 751-1780  
**15% discount to MSDA members.**  
 They carry various trims for costumes, teachers' shoes, tights, etc.

**GUEST INSTRUCTOR  
FRED BEAUDET**

Fred taught at Arthur Murrays in the early '80's, took a break for awhile, and is back into dancing full time. His favorite instructors were Candy McKenzie, Jim Corrigan and Suzy Gordon. When asked what his favorite dance is, he replied, "The one I happen to be dancing."

**Back-2-Basics**

"Hi there fellow Members and Guests,

You may have noticed a trend lately to espouse the benefits of "**Basic Technique**" in everyday dancing. Well, go figure...this months lesson will be exactly that. It's gonna be a Can't Miss, Gotta Be There For That, Absolutely Finest, Intermediate Advanced Basic Technique Class you'll ever attend!

We're gonna take the Left and Right Turning Basic, put in Proper resistance, timing, and foot placement and take the "Hurry-Up" outta the Hustle !!! Then, jus fer grins, I'm gonna show the Dudes how to properly execute the lead and pick-up on a FreeSpin!!! (I've been watching. Believe me, this will help.)

And for the Dudesses... Free Spin Aginn!!!! Resistance, Timing, Foot Placement, ARMS !!! We're gonna Eliminate the Soft Thud off the tip of your partners NOSE half-way thru that free spin.!! And give you more time to play! Way Cool !!!

For Everyone....Straight Slots and Control! The Concepts and Technique are directly transferable to West Coast and germain to all the dances. So, if you wanna work less and have more fun....BE THERE !! Your Instructor, Fred "Hustle Pants " Boday

**Reprint from Dance Talk Newsletter**

Ron - Your listing in last weeks issue brought back many good memories. The Disc Jockeys' top choices was a great piece. Here is a question for your readers and disc jockeys. The way we danced the hustle back in 1978 is much different then how we dance it now. The pace is different and the dance has more grace and showman ship. That being said, the dance has morphed. Using that premise, why are we dancing to the music of yesterday? **Since the dance has evolved shouldn't the music evolve also?** Current music should be adapted to todays hustle.

I would be curious to hear others opinions on this issue. Thank you for permitting me to express my thoughts. Feel free to print this.

Jeff Levoritz

***If any MSDA members have opinions on this issue, I'll be happy to print them.*** **S.N.**

**"Back In The Day"**

The year was 1976, "Melody Song" shops located in Brooklyn, Queens and Long Island, were a premier retail record chain. They reported their top selling records for the month of August, twenty-seven years ago.

Do you remember these classics?

- 1 Rubber Band Man - The Spinners
- 2 You Should Be Dancing - Bee Gees
- 3 Night Fever - The Fatback Band
- 4 I Got You - Gloria Gaynor
- 5 My Love Is Free - Double Exposure
- 6 Cherchez La Femme - Dr. Buzzad's Original Savannah Band
- 7 Summertime - MFSB
- 8 Best Disco In Town - Ritchie Family
- 9 Shake, Shake Shake Your Booty - K.C. & The Sunshine Band
- 10 Black Widow - Lalo Schifrin
- 11 One For The Money - The Whispers
- 12 Helplessly - Moment Of Truth
- 13 You + Me = Love - Undisputed Truth
- 14 Sun, Sun, Sun - Jakki
- 15 I Got Your Love - Stralavarius

**"New Music"**

Here is a new list of hott dance music being played in clubs. \*\*Keep in mind, many of these songs have been remixed for the ultimate dance beat. The song version on the album will differ in tempo from the remix. Many of these songs were originally written as ballads then given a dance makeover. Check to make sure which rendition your listening too.

- Roc Project - "Never" (Past Tense)
- Lazlo Panaflex - "Dance To The Music"
- Junior Senior - "Move Your Feet" (funky, pop)
- Katrina Ruiz - "Your Gonna Miss Me" (132 BPM)
- Saphiricut - "Free Your Mind" (techno dance)
- Paul Van Dyk - "Tell Me Why" (Fast, high energy)
- Becky Baeling - "Take It Away"
- Milli - "The Way You Are"
- Deborah Cox - "Something Happened On The Way To Heaven"
- Amuka - "Appreciate Me"
- Clair Quitty - "Tremble"



Thanks, Peter, for all your efforts toward another great dance party!!! It was terrific!!!

MICHIGAN SWING DANCE ASSOCIATION  
SHARON NELSON  
PO BOX 1125  
WALLED LAKE, MI 48390  
<http://msda.org>  
[pres@msda.org](mailto:pres@msda.org)



HEY, YOU GUYS!!!!  
THE PARTY IS SUNDAY,  
SEPTEMBER 21, 2003!!



Thanks for all your support!!